

# MARCH IS PROBLEM GAMBLING AWARENESS MONTH

CONNECTICUT COUNCIL on  
**PROBLEM  
GAMBLING**



**PGS** PROBLEM  
GAMBLING  
SERVICES  
Department of Mental Health and Addiction Services



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## WHO IS AT RISK FOR PROBLEM GAMBLING?

Anyone who gambles can develop problems. This is why it is important to be aware of the risks and to gamble in a responsible way, if you choose to gamble.

## CAN CHILDREN OR TEENAGERS DEVELOP GAMBLING ISSUES?

Research shows that a vast majority of kids have gambled before their 18th birthdays, and that children may be more likely to develop issues related to gambling than adults.

## HOW WIDESPREAD IS PROBLEM GAMBLING IN THE U.S.?

2 million (1%) of U.S. adults are estimated to meet criteria for a gambling disorder in a given year. Another 4-6 million U.S. adults (2-3%) are considered to have problems related to gambling.



**#PGAM2023**

Help is available for problem gambling. Call the  
**PROBLEM GAMBLING HELPLINE 888.789.7777** or chat at **CCPG.ORG**

**PROBLEM GAMBLING  
AWARENESS MONTH**

PLEASE PLAY RESPONSIBLY.     | **CTLOTTERY.ORG** Purchasers must be 18 or older.